

Middle School

November



BREAKFAST is served at ALL middle schools. Check your school for times!

Breakfast & Lunch are FREE for all students!

Daily Offerings Available to ALL Students:

Crispy Chicken Sandwich
Spicy Chicken Sandwich
Pepperoni/Cheese Pizza
Hamburger/Cheeseburger
Assorted Subs & Salads
Fruit & Grain Parfaits
Cheesy Bosco Sticks




All Options Include:

1/2 cup Fruit
3/4 cup Vegetable
Choice of Milk

Vegetable Choices:

Carrot Sticks
Celery Sticks / Cucumber
Broccoli Bites / Salad
Garbanzo Beans/Hummus

Hello Families! If you're looking for extra cash but want to be home when your children are, consider employment within the Food & Nutrition Services Department.
Apply online today!

Monday	Tuesday	Wednesday	Thursday	Friday
4 BBQ Chicken Flatbread Romaine & Spinach Tossed Salad	5 	6 Chicken & Waffles Hashbrown Potatoes Celery Sticks Syrup Cup	7 Nacho Supreme Refried Beans Salsa & Sour Cream Carrot Sticks w/ Ranch	8 Chicken Tender Snack Wrap Sliced Cucumber & Carrots
11 Turkey & Cheese Pretzel Melt Waffle Fries & Carrots Sticks	12 Sweet & Sour Chicken w/ fortune cookie Fried Rice Steamed Broccoli	13 Mashed Potato & Chicken Bowl w/ Corn & Gravy Dinner Roll	14 BBQ Chicken Nachos Seasoned Black Beans Salsa & Sour Cream Carrot Sticks w/ Ranch	15 Macaroni & Cheese Garlic Breadstick Spinach & Romaine Salad
18 Honey BBQ or Fire Sting Chicken Wings Potato Fries Celery Sticks Dinner Roll	19 General Tso Chicken w/ fortune cookie Fried Rice Steamed Broccoli	20 Two Crispy Chicken Drumsticks Waffle Cut Fries Celery Sticks Dinner Roll	21 Walking Taco Refried Beans Salsa & Sour Cream Carrot Sticks w/ Ranch	22 Spicy Chicken Snack Wrap Sliced Cucumber & Carrots
25 French Toast Sticks Turkey Sausage Links Hashbrown Potatoes Carrot Sticks Syrup Cup	26 Tangerine Chicken w/ fortune cookie Fried Rice Steamed Broccoli	27 	28 	29 