

# Middle School



BREAKFAST is served at ALL middle schools. Check your school for times!

Breakfast & Lunch are FREE for all students!

## Daily Offerings Available to ALL Students:

Crispy Chicken Sandwich  
 Spicy Chicken Sandwich  
 Pepperoni/Cheese Pizza  
 Hamburger/Cheeseburger  
 Assorted Subs & Salads  
 Fruit & Grain Parfaits  
 Cheesy Bosco Sticks

### All Options Include:

1/2 cup Fruit  
 3/4 cup Vegetable  
 Choice of 1% Milk

### Vegetable Choices:

Carrot Sticks  
 Celery Sticks / Cucumber  
 Broccoli Bites / Salad  
 Garbanzo Beans/Hummus

Monday	Tuesday	Wednesday	Thursday	Friday
6 <b>French Toast Sticks</b> Turkey Sausage Patties Hashbrown Potatoes Syrup Cup	7 <b>Sweet &amp; Sour Chicken</b> w/ fortune cookie Fried Rice & Egg Roll Steamed Broccoli	8 <b>Chicken &amp; Waffles</b> Tater Tots Celery Sticks Syrup Cup	9 <b>Nacho Supreme</b> Refried Beans Salsa & Sour Cream Carrot Sticks	10 <b>Spicy Chicken Snack Wrap</b> Sliced Cucumber Carrot Sticks
13 <b>Grilled Chicken Pretzel Melt</b> Waffle Fries Sliced Cucumber	14 <b>General Tso Chicken</b> w/ fortune cookie Fried Rice & Egg Roll Steamed Broccoli	15 <b>Mashed Potato &amp; Chicken Bowl</b> w/ Corn & Gravy Dinner Roll	16 <b>BBQ Chicken Nachos</b> Seasoned Black Beans Salsa & Sour Cream Carrot Sticks	17 
20 	21 <b>Tangerine Chicken</b> w/ fortune cookie Fried Rice & Egg Roll Steamed Broccoli	22 <b>Crispy Chicken Drumstick</b> Waffle Fries Celery Sticks Dinner Roll	23 <b>Walking Taco</b> Refried Beans Salsa & Sour Cream Carrot Sticks	24 <b>Honey Sriracha Boneless Wings</b> <b>Mac &amp; Cheese</b> Sliced Cucumber Carrot Sticks
27 <b>Turkey Birria Tacos</b> Street Corn Sliced Cucumber	28 <b>Sweet &amp; Sour Chicken</b> w/ fortune cookie Fried Rice & Egg Roll Steamed Broccoli	29 	30 <b>Rotini Pasta &amp; Meatballs</b> Garlic Breadstick Spinach & Romaine Salad	31 <b>Chicken Tender Snack Wrap</b> Sliced Cucumber Carrot Sticks

