

Middle School

February

BREAKFAST is served at ALL middle schools. Check your school for times!

Breakfast & Lunch are FREE for all students!

Daily Offerings Available to ALL Students:

Crispy Chicken Sandwich
 Spicy Chicken Sandwich
 Pepperoni/Cheese Pizza
 Hamburger/Cheeseburger
 Assorted Subs & Salads
 Fruit & Grain Parfaits
 Cheesy Bosco Sticks

All Options Include:

1/2 cup Fruit
 3/4 cup Vegetable
 Choice of 1% Milk

Vegetable Choices:

Carrot Sticks
 Celery Sticks / Cucumber
 Broccoli Bites / Salad
 Garbanzo Beans/Hummus

Monday	Tuesday	Wednesday	Thursday	Friday
3 French Toast Sticks Turkey Sausage Patties Hashbrown Potatoes Syrup Cup	4 General Tso Chicken w/ fortune cookie Fried Rice & Egg Roll Steamed Broccoli	5 Chicken & Waffles Tater Tots Celery Sticks Syrup Cup	6 Cheese Tortellini w/ Marinara Sauce Garlic Breadstick Spinach & Romaine Salad	7 Game Day Classics! Chicken Wings Plain or Buffalo Pretzel Bites w/ Cheese Carrots & Celery Sticks
10 Crispy Chicken Drumstick Waffle Fries Celery Sticks Dinner Roll	11 Tangerine Chicken w/ fortune cookie Fried Rice & Egg Roll Steamed Broccoli	12 BYO Burger Bar Assorted Toppings Potato Fries Carrot Sticks	13 	14 
17 	18 	19 Chicken Tender Snack Wrap Tater Tots Carrot Sticks	20 Rotini Pasta & Meatballs Garlic Breadstick Spinach & Romaine Salad	21 Honey Sriracha Boneless Wings Mac & Cheese Sliced Cucumber & Carrot Sticks
24 Grilled Chicken & Cheese Pretzel Melt Waffle Fries Sliced Cucumber	25 Sweet & Sour Chicken w/ fortune cookie Fried Rice & Egg Roll Steamed Broccoli	26 Mashed Potato & Chicken Bowl w/ Corn & Gravy Dinner Roll	27 Chicken Alfredo Pasta Garlic Breadstick Spinach & Romaine Salad	28 