Elementary Lunch Menu



Monday	Tuesday	Wednesday	Thursday	Friday		
4 Choice A	5	6 Choice A	7 Choice A	8 Choice A		
WG French Toast Sticks		WG Breaded Chicken	Mac & Cheese	Pizza Day!		
Turkey Sausage Links		Nuggets	Cheez-It Cracker	Cheese or Pepperoni		
Chair D	School	WG Dinner Roll	Chair D	Choice B		
Choice B Turkey & Cheese Sub on	School	Choice B	Choice B Sun Butter & Jelly Sandwich	Turkey & Cheese		
WG Bun	SCHOOL	Grilled Cheese	Cheez-it Cracker	Snackable		
W G Bull		Sandwich	String Cheese	Shackable		
Hashbrown Patties		Ballewich	String cheese	Baby Carrots		
100% Veg Juice		Green Beans	Roasted Broccoli	w/ ranch		
11 Choice A	12 Choice A	13 Choice A	14 Choice A	15 Choice A		
Super Soft Pretzel	Beef & Cheese Nachos	Chicken Patty	Mighty Mini Turkey	Pizza Day!		
w/ Cheese Sauce	Salsa Cup	Sandwich on WG Bun	Corn Dogs	Cheese or Pepperoni		
CI I D	Choice B		Choice B	Choice B		
Choice B Turkey & Cheese Sub on	Cereal Fun Lunch!	Choice B Grilled Cheese	Sun Butter & Jelly Sandwich	Turkey & Cheese		
WG Bun	Yogurt Cup	Sandwich	Cheez-It Cracker	Snackable		
WG Bull	String Cheese	Sandwich	String Cheese	Shackabic		
Cucumber Slices w/ ranch	String cheese	Tater Tots	String cheese	Baby Carrots		
outeninger prices we runner	Black Beans	14001 1000	Spinach & Romaine	w/ ranch		
	Baby Carrots w/ ranch		Tossed Salad			
18 Choice A	19 Choice A	20 Choice A	21 Choice A	22		
WG Fruit Loop Waffle	Beef Walking Tacos	Burger Day!	Bosco Cheese Sticks			
Turkey Sausage Links	Salsa Cup	w/ Sliced Cheese	Marinara Sauce			
Choice B	Choice B	Choice B	Choice B	HALL		
Turkey & Cheese Sub on	Choice B Cereal Fun Lunch!	Grilled Cheese	Sun Butter & Jelly Sandwich	DAV		
WG Bun	Yogurt Cup	Sandwich	Cheez-it Cracker	DAY		
	String Cheese		String Cheese	NO LUNCH SERVED		
Hashbrown Patties	8	Green Beans				
100% Veg Juice	Refried Beans		Roasted Broccoli			
	Baby Carrots w/ ranch					
25 Choice A	26 Choice A	27	28	29		
WG Cheesy Italian	Turkey Shaped	21	20			
Pull-Apart Breadsticks	Chicken Nuggets					
Marinara Sauce	WG Dinner Roll					
Choice B	Choice B	School				
Turkey & Cheese Sub on	Cereal Fun Lunch!		Happy Thanksgu			
WG Bun	Yogurt Cup	School				
a . a	String Cheese		hanksail	ling		
Cucumber Slices w/ Ranch	M. I. I.D. A. C. C.			na(1)		
	Mashed Potatoes & Corn			- 11 100		
	100% Fruit Gel Cup!					

FOOD AND NUTRITION BULLETIN

L'Anse Creuse Participates in Michigan Free Meals. Every student K-12 gets one free breakfast meal and one free lunch meal that meets USDA nutritional guidelines for K-12.

Don't forget to fill out your EBF form online click on <u>Family Portal</u>.

Fresh Fruit & Vegetable Bar Available Daily

All meals include ½ cup fruit, ¾ cup vegetable and 80z low-fat milk.

Michigan Fun Food Fact: Americans eat an estimated 50 million pumpkin pies every thanksgiving!

Michigan Male Turkeys are called Toms.
Females are called Hens.
Babies are called Poults.