

Elementary Lunch Menu



Monday	Tuesday	Wednesday	Thursday	Friday
4 Choice A WG French Toast Sticks Turkey Sausage Links Choice B Turkey & Cheese Sub on WG Bun Hashbrown Patties 100% Veg Juice	5 	6 Choice A WG Breaded Chicken Nuggets WG Dinner Roll Choice B Grilled Cheese Sandwich Green Beans	7 Choice A Mac & Cheese Cheez-It Cracker Choice B Sun Butter & Jelly Sandwich Cheez-it Cracker String Cheese Roasted Broccoli	8 Choice A Pizza Day! Cheese or Pepperoni Choice B Turkey & Cheese Snackable Baby Carrots w/ ranch
11 Choice A Super Soft Pretzel w/ Cheese Sauce Choice B Turkey & Cheese Sub on WG Bun Cucumber Slices w/ ranch	12 Choice A Beef & Cheese Nachos Salsa Cup Choice B Cereal Fun Lunch! Yogurt Cup String Cheese Black Beans Baby Carrots w/ ranch	13 Choice A Chicken Patty Sandwich on WG Bun Choice B Grilled Cheese Sandwich Tater Tots	14 Choice A Mighty Mini Turkey Corn Dogs Choice B Sun Butter & Jelly Sandwich Cheez-It Cracker String Cheese Spinach & Romaine Tossed Salad	15 Choice A Pizza Day! Cheese or Pepperoni Choice B Turkey & Cheese Snackable Baby Carrots w/ ranch
18 Choice A WG Fruit Loop Waffle Turkey Sausage Links Choice B Turkey & Cheese Sub on WG Bun Hashbrown Patties 100% Veg Juice	19 Choice A Beef Walking Tacos Salsa Cup Choice B Cereal Fun Lunch! Yogurt Cup String Cheese Refried Beans Baby Carrots w/ ranch	20 Choice A Burger Day! w/ Sliced Cheese Choice B Grilled Cheese Sandwich Green Beans	21 Choice A Bosco Cheese Sticks Marinara Sauce Choice B Sun Butter & Jelly Sandwich Cheez-it Cracker String Cheese Roasted Broccoli	22 
25 Choice A WG Cheesy Italian Pull-Apart Breadsticks Marinara Sauce Choice B Turkey & Cheese Sub on WG Bun Cucumber Slices w/ Ranch	26 Choice A Turkey Shaped Chicken Nuggets WG Dinner Roll Choice B Cereal Fun Lunch! Yogurt Cup String Cheese Mashed Potatoes & Corn 100% Fruit Gel Cup!	27 	28 	29

FOOD AND NUTRITION BULLETIN

L'Anse Creuse Participates in Michigan Free Meals. Every student K-12 gets one free breakfast meal and one free lunch meal that meets USDA nutritional guidelines for K-12.

Don't forget to fill out your EBF form online click on [Family Portal](#).

Fresh Fruit & Vegetable Bar Available Daily

All meals include 1/2 cup fruit, 3/4 cup vegetable and 8oz low-fat milk.

Michigan Fun Food Fact: Americans eat an estimated 50 million pumpkin pies every thanksgiving!

Michigan Male Turkeys are called Toms. Females are called Hens. Babies are called Poult.

