Elementary Lunch Menu





Monday	Tuesday	Wednesday	Thursday	Friday
6 Choice A	7 Choice A	8 Choice A	9 Choice A	10 Choice A
WG French Toast Sticks	Crispy Chicken Drumstick	WG Breaded Chicken Nuggets	Mighty Mini Turkey	Pizza Day!
Turkey Sausage Links	Corn Bread	WG Dinner Roll	Corn Dogs	Cheese or Pepperoni
, ,		G1 . D	Cheez-It Cracker	
Choice B	Choice B	Choice B	Choice B	Choice B
WG Cheesy Italian	Cereal Fun Lunch!	Grilled Cheese	Sun Butter & Jelly Sandwich	Turkey & Cheese
Pull-Apart Breadsticks	Yogurt Cup	Sandwich	Cheez-it Cracker	Snackable
Marinara Sauce	String Cheese		String Cheese	
Hashbrown Patties	Cucumber Slices	Baked Beans	Roasted Corn	Baby Carrots
100% Veg Juice	Baby Carrots w/ ranch		Broccoli Bites w/ ranch	w/ ranch
13 Choice A	14 Choice A	15 Choice A	16 Choice A	17
Super Soft Pretzel	Beef & Cheese Walking Taco	Crispy Chicken Patty	Rotini Pasta w/	
w/ Cheese Sauce	& Salsa Cup	Sandwich on WG Bun	Beef Marinara Sauce	
Go-Gurt Yogurt	Choice B	Choice B	WG Dinner Roll	HALF
Choice B	Cereal Fun Lunch!	Grilled Cheese	Choice B	DAV
Turkey & Cheese Sub on	Yogurt Cup	Sandwich	Sun Butter & Jelly Sandwich Cheez-It Cracker	DAT
WG Bun	String Cheese	Sandwich	String Cheese	NO LUNCH SERVED
WG Buil	Refried Beans	100% <u>"Froot Jooce" Sorbet!</u>	Spinach & Romaine	
Cucumber Slices w/ ranch	Baby Carrots w/ ranch	Tater Tots	Tossed Salad	
20	21 Choice A	22 Choice A	23 Choice A	24 Choice A
	Sweet & Sour Chicken	Burger Day!	Bosco Cheese Sticks	Pizza Day!
in Luther Rus	Brown rice	w/ Sliced Cheese	Marinara Sauce	Cheese or Pepperoni
30	Fortune Cookie			
	Choice B	Choice B	Choice B	Choice B
DVAY A	Cereal Fun Lunch!	Grilled Cheese	Sun Butter & Jelly Sandwich	Turkey & Cheese
THE COST OF	Yogurt Cup	Sandwich	Cheez-it Cracker	Snackable
Th Luther Kind	String Cheese	Mini Rice Krispy Treat!	String Cheese	
	Cucumber Slices		Spinach & Romaine	Baby Carrots
	Baby Carrots w/ ranch	Tater Tots	Tossed Salad	w/ ranch
27 Choice A	28 Choice A	29	30 Choice A	31 Choice A
WG Maple Eggo Pancake	Beef & Cheese Nachos		Macaroni and Cheese	Pizza Day!
Turkey Sausage Links	Salsa Cup		Cheez-it Crackers	Cheese or Pepperoni
Choice B	Choice B	No	Choice B	Choice B
Turkey & Cheese Sub on	Cereal Fun Lunch!	School	Sun Butter & Jelly Sandwich	Turkey & Cheese
WG Bun	Yogurt Cup	201100f	Cheez-It Cracker	Snackable
Hashbrown Patties	String Cheese		String Cheese	
100% Veg Juice	Black Beans		Spinach & Romaine	Baby Carrots
	Baby Carrots w/ ranch		Tossed Salad	w/ ranch

FOOD & NUTRITION BULLETIN

L'Anse Creuse
Participates in Michigan
Free Meals.
Every student K-12 gets
one free breakfast and
one free lunch meal that
meets USDA nutritional
guidelines.

Don't forget to fill out your EBF form online click on <u>Family Portal</u>.

Fresh Fruit & Vegetable Bar Available Daily!

All meals include $\frac{1}{2}$ cup fruit, $\frac{3}{4}$ cup vegetable and 8oz low-fat milk.

Breakfast is served daily at all elementary buildings. Check your school for times and locations!