## **Elementary Lunch Menu**



| Monday                           | Tuesday  | Wednesday  | Thursday   | Friday   |
|----------------------------------|--|--|--|--|
| 2 Choice A                       | 3 Choice A   | 4 Choice A   | 5 Choice A   | 6 Choice A   |
| WG French Toast Sticks           | Beef & Cheese Walking  | WG Breaded Chicken   | Mac & Cheese   | Pizza Day!   |
| Turkey Sausage Links             | Taco & Salsa Cup   | Nuggets  | Cheez-It Cracker   | Cheese or Pepperoni  |
|                                  | Choice B   | WG Dinner Roll   |  | Choice B   |
| Choice B                         | Cereai Fun Lunch!  | Choice B   | Choice B   | 0  |
| Turkey & Cheese Sub on<br>WG Bun | Yogurt Cup<br>String Cheese  | Grilled Cheese   | Sun Butter & Jelly Sandwich<br>Cheez-it Cracker  | Turkey & Cheese<br>Snackable   |
| WG Buil                          | String Cheese  | Sandwich   | String Cheese  | Shackable  |
| Hashbrown Patties                | Refried Beans  | Sandwich   | String Cheese  | Baby Carrots   |
| 100% Veg Juice                   | Baby Carrots w/ ranch  | Green Beans  | Roasted Broccoli   | w/ ranch   |
| 9 Choice A                       | 10 Choice A  | 11 Choice A  | 12 Choice A  | 13 Choice A  |
| Super Soft Pretzel               | Beef & Cheese Nachos   | Chicken Patty  | Mighty Mini Turkey   | Pizza Day!   |
| w/ Cheese Sauce                  | Salsa Cup  | Sandwich on WG Bun   | Corn Dogs  | Cheese or Pepperoni  |
| Go-Gurt Yogurt                   | r  |  |  |  |
|                                  | Choice B   | Choice B   | Choice B   | Choice B   |
| Choice B                         | Cereal Fun Lunch!  | Grilled Cheese   | Sun Butter & Jelly Sandwich  | Turkey & Cheese  |
| Turkey & Cheese Sub on           | Yogurt Cup   | Sandwich   | Cheez-It Cracker   | Snackable  |
| WG Bun                           | String Cheese  |  | String Cheese  |  |
|                                  |  | 100% "Froot Jooce"   |  | Baby Carrots   |
| Cucumber Slices w/ ranch         | Black Beans  | Sorbet!  | Spinach & Romaine  | w/ ranch   |
|                                  | Baby Carrots w/ ranch  | Tater Tots   | Tossed Salad   |  |
| 16 Choice A                      | 17 Choice A  | Choice A   | 19 Choice A  | 20   |
| WG Fruit Loop Waffle             | Sweet & Sour Chicken   | Burger Day!  | Bosco Cheese Sticks  |  |
| Turkey Sausage Links             | Brown rice Fortune Cookie  | w/ Sliced Cheese   | Marinara Sauce   |  |
| Choice B                         |  | Choice B   | Choice B   |  |
| Turkey & Cheese Sub on           | Choice B Cereal Fun Lunch!   | Grilled Cheese   | Sun Butter & Jelly Sandwich  | No   |
| WG Bun                           | Yogurt Cup   | Sandwich   | Cheez-it Cracker   | Cabaal   |
| , , G Buil                       | String Cheese  | BuildWien  | String Cheese  | School   |
| Hashbrown Patties                | 2 2  | Mini Rice Krispy Treat!  | 8  |  |
| 100% Veg Juice                   | Cucumber Slices  | Baked Beans  | Roasted Broccoli   |  |
|                                  | Baby Carrots w/ ranch  |  |  |  |
| 25                               | 26   | 27   | 28   | 29   |
| *                                | ***  | XMX  | SULVE  |  |
| 3. The                           |  | WALL STATE   | e ***  | and the same of th |
| WE SKY                           | LANGE STATE OF THE | THE RESERVE OF THE PARTY OF THE |  | Fall LESV. St.   |
| 811                              |  |  |  | Will and the second  |
|                                  |  | W 128 239  |  |  |
|                                  |  |  |  | The state of the s |
|                                  |  |  | The state of the s | The same   |
| 3 7                              | The same of the sa |  |  | The state of the s |
| * * *                            | 1116 S. 1  |  | A. A.  | SN THE WAY   |

## FOOD & NUTRITION BULLETIN

L'Anse Creuse Participates in Michigan Free Meals. Every student K-12 gets one free breakfast meal and one free lunch meal that meets USDA nutritional guidelines for K-12.

Don't forget to fill out your EBF form online click on <u>Family Portal</u>.

## Fresh Fruit & Vegetable Bar Available Daily

All meals include ½ cup fruit, ¾ cup vegetable and 80z low-fat milk.

Michigan Fun Food Fact:

National Candy Cane Day is December 26<sup>th</sup>

