

**MACOMB FAMILY SERVICES**  
**ADOLESCENT OUTREACH PROGRAM**  
**No Cost Telehealth Sessions during**  
**COVID-19**



Licensed therapists work closely with middle- and high-school counselors to target high-risk youth, identify barriers to success, and through six individual counseling sessions, help them reclaim their power.

**SESSIONS INCLUDE:**

- SUBSTANCE ABUSE EDUCATION
- DETERMINING INDIVIDUAL GOALS
- LEARNING VALUABLE TECHNIQUES AND NEW WAYS OF THINKING
- EMOTIONAL SUPPORT



Program is offered through schools at no cost to families. Parents/guardians get help for their child without worrying about transportation, money, or time.

Adolescents needing support may be experiencing:

- Difficulties in school/home related to substance use
- Changes in behavior, grades, or friends
- A death of a family member or friend
- Self-harming and/or suicidal behavior
- Depression and/or anxiety
- An eating disorder
- Adjustment to COVID-19/Social Distancing

**TO PARTICIPATE IN THE PROGRAM, CALL the Romeo office 586-752-9696, 0 or Clinton Twp, 586-226-3440, 0. Ask to be enrolled in AOP.**

--\*Consent form must be signed by a parent/guardian for youths under 14.

**TELL ME MORE...**

*"AOP services provide a unique opportunity to overcome the transportation and financial barriers to behavioral health services for students. My observation is that lives are changed through the AOP program."*  
*Diana Wheatley, school social worker at New Haven High School.*

*"This is an outstanding program that really meets the needs of our families."*  
*Andrea Glynn, principal, L'Anse Creuse Middle School – Central*

*"They were in the right place, at the right time and the people were really friendly."*  
*Mackenzie, age 14.*

Federal, State and local funding is provided through Macomb County Community Mental Health/Office of Substance Abuse to support project costs. Support is also provided through local Community Development Block Grants, United Way for Southeastern Michigan, and private donations.

**Client Rights:** Recipients of substance abuse and mental health services have rights protected by state and federal law and promulgated rules. For information, contact Quality Assurance, Macomb Family Services, Clinton Township, MI 48036 (586) 226-3440 or contact the Office of Substance Abuse Services, Recipient Rights Coordinator, 3423 N. Logan/Martin L. King Blvd., PO Box 30195 Lansing, MI 48909.